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In-Cult



**Relevant Materials for the methods
Participatory Methods, Co-Creation
Methods, Techniques and Tools
Ileu e.V., Germany**

PARTICIPATORY METHODS, CO-CREATION METHODS, TECHNIQUES AND TOOLS

There are a lot of **participatory methods and technical tools** available to help guiding the process of work in your group

Methods are set of procedures for achieving preset goals.

There are a lot of methods promoting collaborative partnership and active participation. We have to define the context in which we work and select carefully the methods we will apply

Frame of our learner working groups in InCult:

People in the ThirdAge and younger 

- different ages
- educational and societal life conditions,
- different knowledges and motivational impetus

Learning context

Non formal learning Structured learning taking into account the needs, wishes and hopes of potencial participants.

- Informal learning
- Accidental learning in everyday acitivites.
- Regional – national –interntional
- Corona

Collection of methodes- Not reinventing the world

online [Method-Toolbox](https://bbe-toolbox.eu/): <https://bbe-toolbox.eu/>

here you will find descriptions for proven and tested pedagogical methods that can be applied in various contexts. The partners of BBE have applied these methods in European projects with the aim of fostering and supporting European awareness, critical thinking and the reduction of prejudices

The Toolbox contains 26 projects and over 60 methods in English. A Google Translator also translates the texts into several other languages. The website inspires its users to apply new methods of adult education. Target groups are especially older adults, women, low qualified people, people from rural areas, migrants.

The projects "Taste of the Danube. Bread.Wine.Herbs" and "Taste of the Danube. Bread connects" were carried out by many organizations from the Danube countries and the Danube region, respectively.

The central goal of both projects was and is to promote awareness of our common cultural roots in Europe using bread as an example.

The website Bread connects-Method Tool <http://method-toolbox.danube-networkers.eu/method> should help to promote the dissemination of the goals, methods and results of the project and to initiate the transfer to other associations on regional, national and transnational level.

In the Method-Tool, good practice examples are presented by the responsible organizations and described step by step, so that it is possible for other interested organizations to be inspired and to apply the methods, adapted to their framework conditions. The bridge language in the Method-Tool and in the projects is English, but all project activities of the partners are reported in the form of short reports in English and the respective national language, all flyers and calls for proposals are translated into all project languages. Contact persons are named.

Important learning preconditions

Sharpen Skills

Find out how you can build your skills and knowledge to advance quality of participatory learning with activating learning opportunities!

Improve Culture

Culture influences how we work together as a team, how we communicate and, ultimately, how well we care for patients. why this work is so important!

Bringing digital technology into life

Reflections about:

- 1) Fundamental Values
- 2) Key Competences
- 3) Identification Patterns and Symbols of Cultural Heritage
- 4) Emotion and Attributions of Meaning

❖ Groupe dynamic following the principles of ***Ruth Cohen***

❖ base of acting

Technics

p.ex:

- Impulse lecture
- Panel discussion
- Working groups
- Statistical survey
- Role play

Technical tools:

Clarify technical knowledge and tools :

- Zoom
- Microphone
- screen
- Reactions
- chat
- breakouts
- Share the screen
- White bord
- Mindmap
- survey
- padlet

Overarching didactic principles

- Interlocking input and activation
- Motivation
- Feedback

Start-up phase:

Getting to know each other, updating previous knowledge >>>

Partner interview (who from where, why)

Brainstorming, brainwriting,

free spontaneous method to express

knowledge and ideas >>> collect, structure, cluster, with visualisation

Framework:

- Clarification of the framework conditions (time and place of the meeting, technology)
- Clarify expectations and roles, set up rules
 - Dare to participate - no question is bad.
 - Be active, bring in your own ideas, change your perspective
 - Cooperate, be flexible

Work phase :

- Teaching and applying working techniques
- Work in plenary and small groups
- Questioning experts
- Impulse presentations
- Poster session, visualisation (collages, slides)

Closing phase

Barometer

Blitzlicht - flash